

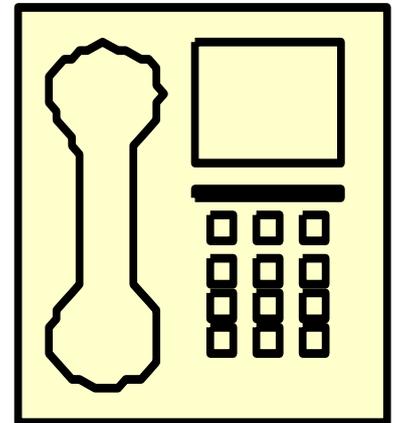
**ALBION STREET GROUP PRACTICE
NEWSLETTER SPRING 2018**
www.albionstreetgrouppractice.co.uk

Thinking about losing weight? Ask your Doctor or nurse for more information about the Southwark healthy weight programme



Telephone Survey Results:

Thank you for all the responses. We understand that lots of you feel the telephone message is too long. We will be changing the message so that it is shorter. We are aware that sometimes it is difficult to get through and recently we have had some problems with the system that have been reported to the service providers. Sorry if this has caused you any inconvenience.

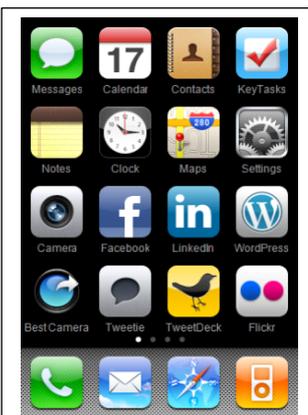


MyGP App. The practice app has been live for two months. The app provides fast and easy access to healthcare from your smart phone, available to download from app stores.

The key features and benefits are:

Appointment Booking- you can view, book and cancel appointments with your GP with a few taps, receive appointment reminders, and receive personal invitations to other medical and screening services such as flu jab clinics, health checks, and cancer screening.

Create your own Health Network – Add your children, partners, parents and other adult dependants to your myGP app. Book, cancel and manage appointments on their behalf.



Set up Reminders- create alerts to remind you to take medication.

Health Monitoring- track/record your weight and blood pressure

Medical Records- Access your records using your 10 digit NHS user online ID.

Problems with the GP app should be reported by email to

mygpsupport@iplato.net

Bowel Cancer Screening.

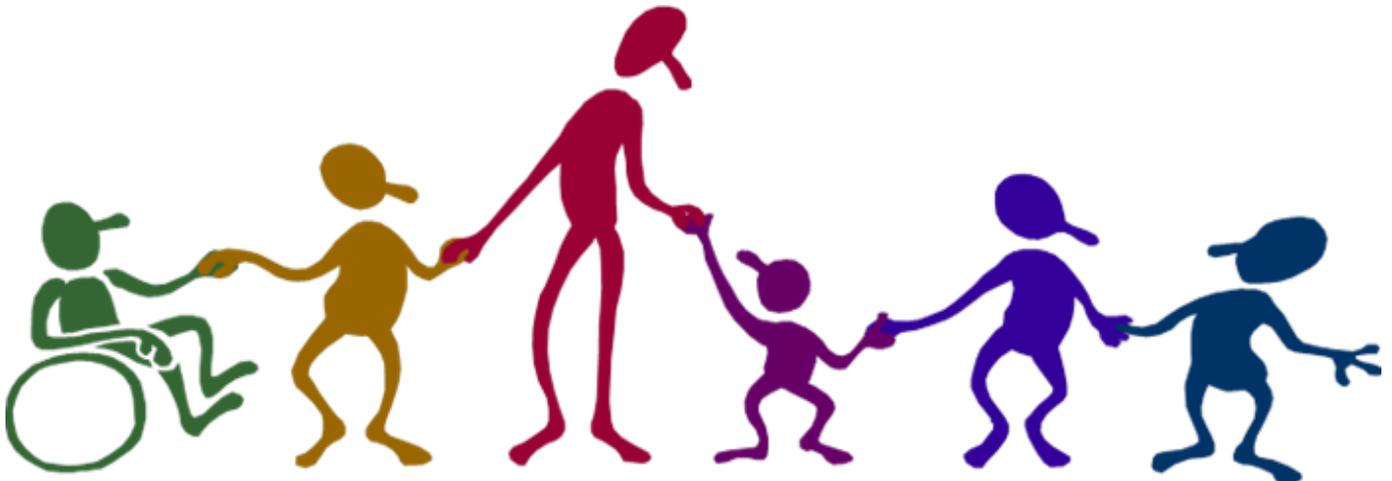
Bowel screening is a way of testing healthy people to see if they show any early signs of cancer.

Bowel cancer screening can save lives. Screening aims to detect bowel cancer at an early stage, when treatment has the best chance of working. The test can also find polyps (non-cancerous growths), which might develop into cancer. Polyps can easily be removed, to lower the risk of bowel cancer.

From the age of 60 you will be invited to take part in the screening, then every two years until you reach the age of 75.

Each of the screening programmes in the UK use home tests, which look for hidden blood in poo. If you are registered with a GP and within the eligible screening age range, a test will be automatically posted to you, so you can complete it in the privacy of your own home.

Please ask the Doctor or Nurse if you want more information about this



Patient Participation Group

The PPG aims to be representative of our patient population and give constructive feedback to the practice on developing and improving services to patients. The group can be contacted directly at souccg.AlbionstreetPPG@nhs.net.

The next PPG Meeting will be held at the surgery on Thursday 31st May at 630pm
Location: Albion Street Group Practice.

Minutes of previous meetings can be viewed at www.albionstreetgrouppractice.co.uk

Smear Tests:

Ladies who need a smear can be seen on a Saturday at Bermondsey Spa Medical centre; you can book your appointment at reception



We will be closed between 1-4pm on the 3rd Thursday of every month for Staff Training

Just found out you are pregnant?

Did you know you can self refer to either St Thomas' or King's via their website or in person. Please self refer after your 7th week of pregnancy. If you self refer earlier than this you will not be seen any sooner.

Welcome Back to Dr Jennie Nicholson who will be returning to us from Maternity leave at the end of April