

ALBION STREET GROUP PRACTICE

NEWSLETTER SUMMER 2013



Coming up in July a chat about Coeliac Disease at your Patient Forum Meeting on

Thursday 11th July at 2pm

Coeliac UK had a recent campaign in May 2013 focusing on “Gut awareness” getting everyone to listen to their gut. Coeliac is a serious condition where the body attacks itself when gluten is eaten. This can usually be controlled with a gluten free diet. We will be talking about the symptoms associated with coeliac disease and highlighting the need to improve diagnosis. It can sometimes take between 8 – 13 years before a diagnosis is made. We will be able to discuss both from a medical and patients prospective. So if you have been experiencing any gut problems come along and find out if there is help available.



Did you know you can book your appointment to see a Doctor via the Internet rather than booking by telephone?

Ask reception for a pin number to access this service.



THERE IS A MEASLES OUTBREAK IN THE UK.

If your child has not had 2 doses of the MMR vaccination, then please contact the practice to make an appointment for this. The MMR vaccine is safe and the best way to be protected against a potentially life threatening illness. If you are a woman aged between 16 and 45, you should also have two MMR vaccinations a month apart. This is especially important as if you are not protected by the vaccination, you could pass the infection onto an unborn child if pregnant. Men aged above 16 only require the mmr vaccination if they work in a clinic for pregnant women or other healthcare settings (in which case their employer should facilitate this); or for travel purposes.



Coming in the autumn

Patients over 70 will be offered a Shingles Vaccination in the autumn. Shingles can cause significant pain and a rash. Many patients suffer from persistent pain at the site of the rash for several months.

Dr O'Neill is retiring at the end of June 2013 after almost 15 years at Albion Street.

We wish her a well deserved retirement.

Useful Contact No's

Seldoc (Out of Hours)

0208 693 9066

Patient Advice & Liaison Team

0800 587 7170

NHS Direct

0845 46 47

Guys & St Thomas' Hospital

020 7188 7188

Lewisham Hospital

020 8333 3000

Dates for your Diary

Surgery closed 1-4pm for staff training

Thursday 20th June 2013

Thursday 18th July 2013

Thursday 15th August 2013

Bank Holidays make sure you have enough medication

Monday 26th August 2013