

# ALBION STREET GROUP PRACTICE NEWSLETTER AUTUMN/WINTER 2017

[www.albionstreetgrouppractice.co.uk](http://www.albionstreetgrouppractice.co.uk)



Don't miss out on your Flu injection. Ask reception about booking your appointment with the Nurse if you missed our Saturday clinics.

If you are aged between 70-74 years or are 78-79 years old you are eligible to have a vaccine that protects you against Shingles. Please check with the Doctor or Nurse when you have your appointment.

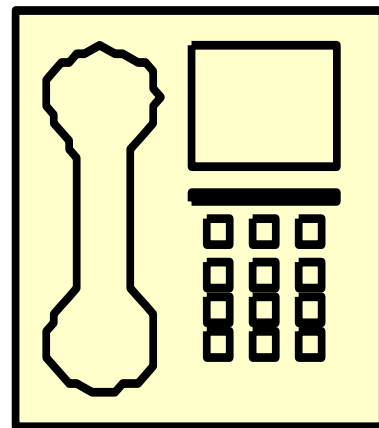


What to do if you think you need to see a Doctor urgently.

We ask you to telephone and speak to a Doctor during the following times.

For a morning appointment call between 8:30-10:00 am

For an afternoon appointment call between 3:00-4:00pm.

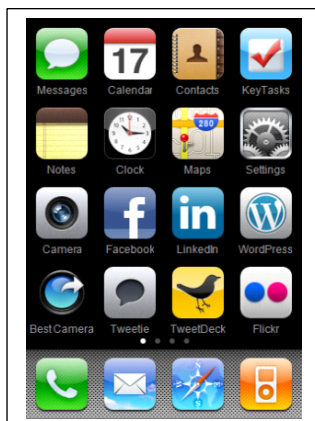


**MyGP App.** The practice app has been live for two months. The app provides fast and easy access to healthcare from your smart phone, available to download from app stores.

The key features and benefits are:

**Appointment Booking-** you can view, book and cancel appointments with your GP with a few taps, receive appointment reminders, and receive personal invitations to other medical and screening services such as flu jab clinics, health checks, and cancer screening.

**Create your own Health Network** – Add your children, partners, parents and other adult dependants to your myGP app. Book, cancel and manage appointments on their behalf.



**Set up Reminders-** create alerts to remind you to take medication.

**Health Monitoring-** track/record your weight and blood pressure

**Medical Records-** Access your records using your 10 digit NHS user online ID.

## Need Malaria Tablets?

Medication to protect against Malaria can be obtained from local pharmacies or online. Visit this website and fill out the online form [www.travelpharm.com](http://www.travelpharm.com)



### Going on Holiday.....

Please contact us six weeks prior to departure.

Our travel clinic appointments are given out by the Nurse once you have had a telephone consultation. These appointments will either be at Bermondsey Spa or Albion Street. Hepatitis A, Typhoid and tetanus boosters are available on the NHS



## Patient Participation Group

The PPG aims to be representative of our patient population and give constructive feedback to the practice on developing and improving services to patients. The group can be contacted directly at [souccg.AlbionstreetPPG@nhs.net](mailto:souccg.AlbionstreetPPG@nhs.net).

The next PPG Meeting will be held at the surgery on Wednesday 21<sup>st</sup> February 2pm at Albion Street Group Practice.

Minutes of previous meetings can be viewed at [www.albionstreetgrouppractice.co.uk](http://www.albionstreetgrouppractice.co.uk)

### Smear Tests:

**Ladies who need a smear can be seen on a Saturday at Bermondsey Spa Medical centre; you can book your appointment at reception**



We will be closed between 1-4pm on the 3<sup>rd</sup> Thursday of every month for Staff Training

**Just found out you are pregnant?** Did you know you can self refer to either St Thomas' or King's via their website or in person. Please note you will hear from the hospital within 2-3 weeks with an appointment.

Welcome to our new nurse practitioner Sarah Agyepong and our new pharmacist Misha Patel who will be starting in November